

# DEE WHY SHOTOKAN KARATE CLUB

April 2016



Term 1 has shot by and as we are often reminded in **GOT**, winter is coming!

Our little club had another very successful term as measured by extremely solid attendance, good spirit, hard training (but hopefully still fun!) plus we also added **FIVE** new members.

The nice thing is that new members continue to seek us out rather than the other way around and we now have twenty-six paid up members! My hope is to grow the club to around thirty karateka and then allow for a waiting list!

The other pleasing element is how the overall standard of karate at D.Y.S.K.C. keeps improving and it is very gratifying for me to see everyone making progress no matter what your level.

As always, the key to progress is consistency, repetition and practice. Sometimes, you may think you are not improving but trust me you are and I really like the concept of *invisible progress*. This eventually manifests itself and it is often triggered by working towards a grading, culminating in something special on the night!

Just a reminder about [Shotokan Week 2016](#) to be held in Melbourne July 6<sup>th</sup> – 9<sup>th</sup>. I am hoping to go, work permitting and it would be great if anyone could join me. Check it out!

**Osu!..... Sensei Jonathan**

## *Term 1 Events*

### ➤ Five new members:

- **Ian Burgess** from Tae Kwando;
- **James Gudgion**, a JKA 1<sup>st</sup> kyu;
- **Ollie Scott**, like father like son; and
- **Arthur and Byron Panos**, yet another dad/son combination (pictured above)!

A warm **WELCOME** from the entire club!

- ### ➤
- As you have seen, the class is increasingly being split into different grade levels between myself and Sensei Eike. This makes sense and will continue as the club and various grade levels grow. As always, thanks to Sensei Eike!

## *Term 2 - 2016*

- ### ➤
- Grading is planned for **Monday 18 April** for those who are eligible followed by a club dinner on Wednesday 20 April. Look out for your special Presidential invitation!
- ### ➤
- We will continue delving into the three '**Ks**' of karate, especially kata and I have selected **Bassa Dai** as the senior grade kata for this term which we will start learning soon.
- ### ➤
- Sensei Zivko Delevski (8<sup>th</sup> Dan)** is our next **Shotokan Treasure** and is planned for Monday 25<sup>th</sup> April. He is one of the most knowledgeable karateka in Australia and is also a renowned international referee.