

Shotokan Kata Names

Shotokan Kata	Meaning
Heian	Peace
Tekki	Iron horse
Bassai Dai/Sho	To storm a fortress
Kanku Dai/Sho	Viewing the sky
Jion/Ji'in	The truth
Empi	Flying swallow
Jitte	Ten hands
Hangetsu	Half moon
Gankaku	Crane on a rock
Sochin	Preserve peace
Nijushiho	24 steps
Chinte	Incredible hands
Meikyo	Mirror of the soul
Unsu	Defence of a cloud
Wankan	Crown of a king
Gojushiho Dai/Sho	54 steps