# **Grading Syllabus**

Approved by the SKIA National Executive Committee, for implementation, from 1/02/2015. Updates approved by the SKIA Technical & Development Committee, from 1/01/2019.

The grading requirements, set forth in this document, are to be used and applied in conjunction with the official Grading Regulations of Shotokan Karate International - Australia. Instructors and Examiners must refer to the official grading regulations, when determining which members are eligible to participate in the grading process. The Instructor Guidelines gives a detailed description of the Training Syllabus to be used when a member is being schooled for the gradings listed below. For Kyu Gradings, and at the Examiner's discretion, the Examiner may require the performance of additional techniques, chosen from the Training Syllabus, up to and including the grade being attempted.

# WHITE BELT

9th Kyu (Kyukyu)

## KIHON (Basics)

## Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke
- Chudan soto uke

## Kokutsu Dachi, Shuto Uke

· Chudan shuto uke

## Zenkutsu Dachi, Kamae

Mae geri

## Kiba Dachi

Yoko geri keage

All Kihon may be performed with one count, one move.

### **KATA**

Heian Shodan
 One count, one move.

### **KUMITE**

Gohon Kumite
 Jodan and Chudan (Hidari - left leg forward)
 One count, one move.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 8 Kyu, regardless of the number of months involved.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 8th Kyu and Double Grading. Pursuant to this condition, an examiner may double grade from 10 Kyu to 8 Kyu at their own discretion. All other double grading conditions **must** be met prior to conducting the grading.

# **Grading Syllabus**

## YELLOW BELT

8th Kyu (Hachikyu)

### **KIHON**

### Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke
- · Chudan soto uke
- · Chudan uchi uke

## Kokutsu Dachi, Shuto Uke

· Chudan shuto uke

### Zenkutsu Dachi, Kamae

Mae geri

#### Kiba Dachi

Yoko geri keage

#### **KATA**

Heian Shodan

## **KUMITE**

 Gohon Kumite Jodan and Chudan (Hidari - left leg forward)

If the examiner feels it is appropriate, a Provisional 8 Kyu may be applied. A Black Tip may be applied to the Yellow Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 7 Kyu, regardless of the number of months involved.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 7th Kyu and Double Grading.

# General Rule for 8 Kyu to 4 Kyu Gradings

Provisional Grades may be applied, from 8 Kyu (Yellow Belt) to 4 Kyu (Purple Belt), when a applicant has not demonstrated a full understanding of, or demonstration of, the Grading Syllabus. Fail, Provisional and Pass status **must** be recorded on Grading Reports, and will be subsequently recorded on the Grading Register. Subsequent attempts, after having failed or received a provisional status of a given grade, must be conducted free of charge. A fee should have been paid at the first attempt.

Refer to the Grading Regulations (Page 3, Clause 8) for a detailed description of this regulation.

# **Grading Syllabus**

# **ORANGE BELT**

7th Kyu (Nanakyu)

#### **KIHON**

### Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke, gyaku tsuki
- Chudan uchi ude uke, gyaku tsuki

## **Kokutsu Dachi**

Chudan shuto uke

### Zenkutsu Dachi, Kamae

Mae geri

#### Kiba Dachi

- · Yoko geri keage
- Yoko geri kekomi

### Zenkutsu Dachi. Kamae

Mawashi geri

#### **KATA**

- Heian Nidan
- Perform a Kata from a previous grading.

# **KUMITE**

Sanbon Kumite
 Numbers 1 and 2 (Hidari - left leg forward)

If the examiner feels it is appropriate, a Provisional 7 Kyu may be applied. A Black Tip may be applied to the Orange Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 6 Kyu, regardless of the number of months involved.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 6th Kyu and Double Grading.

# **Grading Syllabus**

# **GREEN BELT**

6th Kyu (Rokkyu)

#### KIHON

### Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke, gyaku tsuki
- Chudan uchi ude uke, gyaku tsuki

## **Kokutsu Dachi**

Chudan shuto uke

### Zenkutsu Dachi, Kamae

Mae geri

#### Kiba Dachi

- · Yoko geri keage
- Yoko geri kekomi

### Zenkutsu Dachi, Kamae

Mawashi geri

(All Kihon will be required to be performed backwards or forwards as requested)

## **KATA**

- Heian Sandan
- · Perform a Kata from a previous grading.

### **KUMITE**

 Sanbon Kumite Numbers 1 and 2 (Hidari / Migi)

If the examiner feels it is appropriate, a Provisional 6 Kyu may be applied. A Black Tip may be applied to the Green Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade to 5 Kyu, regardless of the number of months involved.

Note: Double gradings are not permitted above Green Belt (6 Kyu) level.

# **Grading Syllabus**

## **PURPLE BELT**

5th Kyu (Gokyu)

#### KIHON

### Zenkutsu Dachi, Gedan Barai

- Sanbon tsuki (Jun tsuki Jodan, chudan, chudan)
- Sanbon tsuki (Gyaku tsuki Chudan, jodan, chudan)
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke (zenkutsu dachi), enpi uchi, uraken (kiba dachi)
- · Chudan uchi ude uke, jodan kizami tsuki, chudan gyaku tsuki
- Chudan shuto uke (kokutsu dachi), nukite (zenkutsu dachi)

## Zenkutsu Dachi, Kamae

- Mae ren geri (Chudan, jodan)
- Mawashi geri

#### Kiba Dachi

- · Yoko geri keage
- Yoko geri kekomi

## **KATA**

- Heian Yondan
- Perform a Kata from a previous grading.

## **KUMITE**

- Kihon Ippon Kumite
  - 2 Jodan
  - 2 Chudan
  - 2 Mae geri

If the examiner feels it is appropriate, a Provisional 5 Kyu may be applied. A Black Tip may be applied to the Purple Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade 4 Kyu, regardless of the number of months involved.

**Note:** Double gradings are not permitted above Green Belt (6 Kyu) level.

Refer to the Shotokan Karate International Australia Grading Regulations, Page 3, Kyu Grading Regulations, Clause 7, for additional information on the requirements for 5th and 4th Kyu Grading.

# **Grading Syllabus**

# **PURPLE BELT**

4th Kyu (Yonkyu)

#### KIHON

### Zenkutsu Dachi. Gedan Barai

- Sanbon tsuki (Jun tsuki Jodan, chudan, chudan)
- Sanbon tsuki (Gyaku tsuki Chudan, jodan, chudan)
- Jodan age uke, gyaku tsuki
- Chudan soto ude uke (zenkutsu dachi), enpi uchi, uraken (kiba dachi)
- · Chudan uchi ude uke, jodan kizami tsuki, chudan gyaku tsuki
- Chudan shuto uke (kokutsu dachi), nukite (zenkutsu dachi)

## Zenkutsu Dachi, Kamae

- Mae ren geri (Chudan, jodan)
- Mawashi geri

#### Kiba Dachi

- Yoko geri keage
- Yoko geri kekomi

(All Kihon will be required to be performed backwards or forwards as requested)

# **KATA**

- Heian Godan
- Perform a Kata from a previous grading.

## **KUMITE**

Kihon Ippon Kumite

2 Jodan2 Chudan1 Yoko geri1 Mawashi geri

1 Mae geri

If the examiner feels it is appropriate, a Provisional 4 Kyu may be applied. A dual Black Tip may be applied to the Purple Belt, to indicate that it is Provisional Grade. A subsequent grading is required to remove the provision from the grading. No additional grading fee is to be applied.

Minimum training time before the next grade is 36 hours, within a minimum period of 3 months. If a member completes 36 hours of training, in less than 3 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 36 hours of training, before being considered for an upgrade 3 Kyu, regardless of the number of months involved.

**Note:** Double gradings are not permitted above Green Belt (6 Kyu) level. **Note:** Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

# **Grading Syllabus**

# **BROWN BELT**

3rd Kyu (Sankyu)

### **KIHON**

## Zenkutsu Dachi, Gedan Barai

- Chudan jun tsuki
- Chudan gyaku tsuki
- Jodan age uke
- Chudan soto ude uke
- Chudan uchi uke

### Kokutsu Dachi

· Chudan shuto uke

### Zenkutsu Dachi, Kamae

- Mae geri
- Mawashi geri

#### Kiba Dachi

- Yoko geri keage
- Yoko geri kekomi

## Zenkutsu Dachi, Gedan Barai

Ushiro geri

(All Kihon will be required to be performed backwards or forwards as requested)

#### **KATA**

- · Tekki Shodan
- Perform a Kata from a previous grading.

### **KUMITE**

Shitei Kihon Ippon Kumite (Hidari / Migi)

2 Jodan2 Chudan1 Yoko geri1 Mawashi geri

2 Mae geri

Minimum training time before the next grade is 72 hours, within a minimum period of 6 months. If a member completes 72 hours of training, in less than 6 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 72 hours of training, before being considered for an upgrade 2 Kyu, regardless of the number of months involved.

**Note:** Double gradings are not permitted above Green Belt (6 Kyu) level. **Note:** Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

# **Grading Syllabus**

# **BROWN BELT**

2nd Kyu (Nikyu)

#### KIHON

### Zenkutsu Dachi, Gedan Barai

- Mae geri, jun tsuki
- Mawashi geri, gyaku tsuki
- Gyaku tsuki, mae geri, jun tsuki, gedan barai

## Zenkutsu Dachi, Kamae

- Mae geri, mawashi geri
- · Kizami yoko kekomi, ushiro geri

### Kiba Dachi

Yoko geri keage, (stepping — change leg), yoko geri kekomi

#### **KATA**

- Tekki Shodan
- Sentei Kata (choose one Kata from this group):

Bassai Dai

Kanku Dai

Jion

Enpi

Perform a Kata from a previous grading.

## **KUMITE**

Jiyu Ippon Kumite

2 Jodan2 Chudan1 Yoko geri1 Mawashi geri

2 Mae geri

Minimum training time before the next grade is 72 hours, within a minimum period of 6 months. If a member completes 72 hours of training, in less than 6 months, their Instructor <u>must</u> seek approval, from the State Branch T & D Committee Representative, if they wish to grade them early. Members must complete the required 72 hours of training, before being considered for an upgrade 1 Kyu, regardless of the number of months involved.

**Note:** Double gradings are not permitted above Green Belt (6 Kyu) level. **Note:** Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

# **Grading Syllabus**

# **BROWN BELT**

1st Kyu (Ikkyu)

#### KIHON

### Zenkutsu Dachi, Gedan Barai

- Mae geri, jun tsuki
- Mawashi geri, gyaku tsuki
- Gyaku tsuki, mae geri, jun tsuki, gedan barai

## Zenkutsu Dachi, Kamae

- Mae geri, mawashi geri
- · Kizami yoko kekomi, ushiro geri

#### Kiba Dachi

Yoko geri keage, (stepping — change leg), yoko geri kekomi

#### **KATA**

- Tekki Shodan
- Sentei Kata (choose one Kata from this group, **not previously performed**):

Bassai Dai Kanku Dai

Jion

Enpi

Perform a Kata from a previous grading.

### **KUMITE**

Jiyu Ippon Kumite

2 Jodan2 Chudan1 Yoko geri1 Mawashi geri

2 Mae geri

**Note:** Double gradings are not permitted above Green Belt level. **Note:** Provisional gradings are not permitted above Purple Belt (4 Kyu) level.

Minimum training time before the next grade is 72 hours, within a minimum period of 6 months. Members must complete the required 72 hours of training, before being considered for an upgrade to Shodan, regardless of the number of months involved.

A minimum of 3 years and 432 hours of training must be completed before a member may be nominated to attempt a Shodan Grading, or, providing the member has completed 432 hours of training (with any past double grading having been considered) and fulfilled the above minimum requirement, of 72 hours training within a minimum period of 6 months as a 1st Kyu, the member may be recommended to attempt Shodan Grading.

Shodan applicants must be sixteen (16) years of age or over. Junior Shodan is available for ten (10) to fifteen (15) years of age. Refer to the table, at the bottom of Page 15, for further detail.

# Kyu Grade Levels being applied by S.K.I.A.

Grade	Grade Translation	Certification	Description	
Kukyu	9th Kyu (Grade)	Certified with a certificate.	White Belt with a Black Tip. May also be displayed using a Yellow Belt, which has a single White Stripe running for its full length.	
Hachikyu Ho	8th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Yellow Belt – May be displayed, on the belt, using a Black Tip or a White Line through the length of the belt.	
Hachikyu	8th Kyu (Grade)	Certified with a certificate.	Yellow Belt.	
Nanakyu Ho	7th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Orange Belt – May be displayed, on the belt, using a Black Tip or a White Line through the length of the belt.	
Nanakyu	7th Kyu (Grade)	Certified with a certificate.	Orange Belt.	
Rokkyu Ho	6th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Green Belt – May be displayed, on the belt, using a Black Tip or a White Line through the length of the belt.	
Rokkyu	6th Kyu (Grade)	Certified with a certificate.	Green Belt.	
Gokyu Ho	5th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Purple Belt – May be displayed, on the belt, using a Black Tip.	
Gokyu	5th Kyu (Grade)	Certified with a certificate.	Purple Belt.	
Yonkyu Ho	4th Kyu Provisional	Registered, but a certificate will not be issued for this grade.	Purple Belt – May be displayed, on the belt, using a double line black tip.	
Yonkyu	4th Kyu (Grade)	Certified with a certificate.	Purple Belt.	
Sankyu	3rd Kyu (Grade)	Certified with a certificate.	Brown Belt. There is no provisional level for 3rd Kyu.	
Nikyu	2th Kyu (Grade)	Certified with a certificate.	Brown Belt. There is no provisional level for 2nd Kyu.	
lkkyu	1st Kyu (Grade)	Certified with a certificate.	Brown Belt. There is no provisional level for 1st Kyu.	

Apart from 9th Kyu (Rokkyu) and Brown Belt Grades, provisional grades may be issued for all Kyu Grade Levels. Provisional grades must be registered, via a grading report, in the same way as any other grade. A grading fee is not required for a member to be graded from a provisional grade to the certified grade. For example; a Provisional Green Belt can be graded to Certified Green Belt and will not have to pay an additional fee. A grading fee would have been required when the member received the provisional grade.

Except for 9th Kyu, the use of Tips and Lines on belts is optional and is in no way compulsory.

# **Grading Syllabus**

Shodan applicants must be sixteen (16) years of age or over. Junior Shodan is available for ten (10) to fifteen (15) years of age. Refer to the table, at the bottom of Page 15, for further detail.

# **BLACK BELT**

1st Dan (Shodan)

#### KIHON

## Zenkutsu Dachi, Gedan Barai

- Sanbon jun tsuki (Jodan, chudan, chudan)
- Sanbon gyaku tsuki (Chudan, jodan, chudan)
- Jodan age uke, gedan barai, gyaku tsuki
- Chudan soto ude uke (zenkutsu dachi), enpi uchi (kiba dachi), uraken (zenkutsu dachi), gyaku tsuki (zenkutsu dachi)
- · Chudan uchi ude uke, jodan kizami tsuki, mae geri, chudan gyaku tsuki

#### Kokutsu Dachi

• Chudan shuto uke (kokutsu dachi), kizami geri, nukite (zenkutsu dachi)

## Zenkutsu Dachi, Gedan Barai

- Mae geri, mawashi, gyaku tsuki, gedan barai
- Mae geri, yoko geri kekomi, gyaku tsuki, gedan barai

#### Kiba Dachi

- Yoko geri keage, (stepping change leg), yoko geri kekomi
- Nami Ashi (leg snapping wave block). Performed stationary whilst facing the examiner.

## **KIME WAZA**

 Gyaku Tsuki. Performed from Gedan Bari, Zenkutsu Dachi. Returning to Gedan Bari position without a reach out. Hikite and hip rotation must be applied during the execution of the Gyaku Tsuki strike. Ideally, the front foot should not move.

### **KATA**

- (A) Shitei Kata (Examiner chooses one Kata from this group): Heian 1 5. Tekki Shodan
- (B) Sentei Kata (choose one Kata from this group): Bassai Dai, Kanku Dai, Enpi, Jion

### **KUMITE**

Jiyu Ippon Kumite (Hidari / Migi)
 One of each technique: Jodan, Chudan, Mae geri, Yoko geri, Mawashi geri, Ushiro geri, Jodan kizami tsuki, Chudan gyaku tsuki

Minimum training time before the next grade is 288 hours, within a minimum period of 2 years. Junior Shodan must complete 3 years (432 hours of training), after Junior Shodan registration, to be eligible to attempt Senior Nidan, upon reaching sixteen (16) years of age.

Refer to the table, at the bottom of Page 15, for further detail.

# **Grading Syllabus**

Nidan applicants must be sixteen (16) years of age or over. Junior Nidan is available for ten (10) to fifteen (15) years of age. Refer to the table, at the bottom of Page 15, for further detail.

## **BLACK BELT**

2nd Dan (Nidan)

### **KIHON**

## Jiyu Na Kamae

- Kizami tsuki, mae geri, jun tsuki
- (Step back) Age uke, (forward) mawashi geri, uraken uchi, jun tsuki

## Fudo Dachi, Gedan Barai

- · Chudan jun tsuki
- Jun tsuki sanbon (changing into zenkutsu dachi)

### Zenkutsu Dachi Shomen

- Mae geri, mawashi geri (same leg, to the front)
- Mawashi geri, yoko geri kekomi (same leg, to the front)
- Mae geri, yoko geri keage, ushiro geri (same leg, 3 directions)

**KIME WAZA** Kizami Tsuki (perform from a free stance, from and returning to a free arm position). Hikite must be applied during the execution of the Kizami Tsuki strike.

### **KATA**

• (A) Sentei Kata (choose one Kata from this group):

Bassai Dai

Kanku Dai

Jion

Enpi

Jitte

(B) Sentei Kata (choose one Kata from this group):

Hangetsu

Gankaku

Tekki Nidan

Bassai Sho

Kanku Sho

Applicants may be asked to perform any Kata, form a previous grading, up to the Sentei List.

#### **KUMITE**

- Jiyu Kumite (available alternatives are detailed below).
- Jiyu Ippon Kumite (Hidari / Migi) females, & males over 36 years of age.
- Okuri Jiyu Ippon Kumite females, & males over 36 years of age.
- Self Defence females, & males over 36 years of age.

Minimum training time before the next grade is 432 hours, within a minimum period of 3 years. Junior Nidan must complete 4 years (576 hours of training), after Junior Nidan registration, to be eligible to attempt Senior Sandan, upon reaching eighteen (18) years of age.

Refer to the table, at the bottom of Page 15, for further detail.

# **Grading Syllabus**

Sandan applicants must be eighteen (18) years of age or over. Refer to the table, at the bottom of Page 15, for further detail.

## **BLACK BELT**

3rd Dan (Sandan)

#### **KIHON**

## Fudo Dachi, Gedan Barai

- Chudan jun tsuki
- Jun tsuki sanbon (changing into zenkutsu dachi)

# Jiyu Na Kamae Shomen

- · Kizami tsuki (front), Tate shuto (to side), gyaku tsuki, jiyu na kamae
- Kizami tsuki, gyaku tsuki (rear foot across and behind), mawashi geri (step forward), uraken, gyaku tsuki, jiyu na kamae

### Zenkutsu Dachi Shomen

· Mae geri, yoko geri, ushiro geri, mawashi geri

**KIME WAZA** Kizami Tsuki or Gyaku Tsuki (perform from a free stance, from and returning to a free arm position). Hikite must be applied during the execution of each strike.

#### **KATA**

(A) Shitei Kata (Examiner chooses one Kata from this group):

Bassai Dai

Kanku Dai

Jion

Enpi

Jitte

(B) Sentei Kata (choose one Kata from this group):

Sochin

Ji'in

Tekki Sandan

Chinte

Nijushiho

Applicants may be asked to perform any Kata, form a previous grading, up to the Sentei List.

### **KUMITE**

- Jiyu Kumite (available alternatives are detailed below).
- Jiyu Ippon Kumite (Hidari / Migi) females, & males over 36 years of age.
- Kaeshi Ippon Kumite females, & males over 36 years of age.
- Self Defence females, & males over 36 years of age.

## REQUIREMENTS FOR NEXT GRADE

- 1. Yondan Gradings are by Technical & Development Committee invitation only.
- 2. Must be Sandan for a minimum of 4 years and be training/teaching consistently.
- 3. Training/teaching hours will be taken into consideration when selecting the nominees.
- 4. Must be an accredited National Judge, certified by S.K.I. Australia. A disability waiver may be requested, in writing, if the applicant has a disability that may compromise their ability to become accredited and operate effectively as a Judge or Referee at a championship event.

# **Grading Syllabus**

Yondan applicants must be twenty-five (25) years of age or over.

## **BLACK BELT**

4th Dan (Yondan)

#### **KIHON**

As directed by Examiner.

### **KATA**

Must demonstrate a Kata from the following list or, a Kata that has not been performed at a previous grading examination.

Sentei Kata:

Meikyo

Gojushiho-Dai

Unsu

Wankan

Goiushiho-Sho

• Applicants may be asked to perform any Kata, form a previous grading, up to the Sentei List.

Explanation and demonstration of Bunkai will be requested by Examiner.

#### **KUMITE**

May be required to perform Jiyu Kumite.

The examiner may set the Kumite requirement. It could be any of the set defences (Gohon Kumite, Sanbon Kumite, Kihon Ippon-Kumite, Jiyu Ippon-Kumite, etc) and may include some Jiyu Kumite.

Although they are not a compulsory part of the Grading Syllabus, it would not be unreasonable to expect a higher Dan Grade to know or have some knowledge of Okuri Jiyu Ippon Kumite, Kaeshi Ippon Kumite, Bunkai and Self Defence.

## REQUIREMENTS FOR NEXT GRADE

- 1. Godan Gradings are by Technical & Development Committee invitation only.
- 2. Must be Yondan for a minimum of 5 years and be training/teaching consistently.
- 3. Training/teaching hours will be taken into consideration when selecting the nominees.

### Special Note:

Yondan and above applicants may be required to perform anything from the S.K.I.F., Training Syllabus. It is strongly recommended that Higher Dan applicants take the time to refresh their previous acquired knowledge in this regard. Kihon Kumite, Jiyu Ippon Kumite, all Kata below their current grade level, and Kihon exercises.

# Dan Grade Levels being applied by S.K.I.A. & S.K.I.F.

Grade	Grade Translation	Certification	Description
Shodan	1st Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Nidan	2nd Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Sandan	3rd Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Yondan	4th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Godan	5rd Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Rokudan	6th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Nanadan	7th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Hachian	8th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Kudan	9th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.
Judan	10th Dan (Diploma)	A certificate from S.K.I.F.	Black Belt.

All Dan Gradings are conducted by licensed S.K.I.F., Examiners and are to be displayed according to the above table. The name of the wearer and the name of the organisation may be embroidered on the belt, but there should be no indication of which level of Dan Grade the belt is for.

Dan Grade Certificates are issued by the Shotokan Karate-do International Federation, upon application, for registration, by Shotokan Karate International Australia. Valid Dan Certificates from other organisations may be recognised, but would have to be validated, on a case by case basis, before application for registration with S.K.I.F., can proceed. A registration fee would apply.

Dan Grade Certificates from other organisations that cannot be validated, or are unacceptable to S.K.I.F., would result in the holder having to undergo a confirmation grading. Normal grading and registration fees would apply to confirmation gradings.

Refer to the Grading Regulations for a full description of the limitations that apply to Dan grading, registration and confirmation procedures.

#### AGE LIMITATIONS FOR SENIOR DAN GRADING

Dan Grade	Minimum Terms at each Grade Level (not total).	Age Limitations	
Shodan	3 years (432 hours of training), including 6 months as 1 Kyu.	16 years or over.	
Nidan	2 years (288 hours of training), after Shodan registration.	16 years or over.	
Sandan	3 years (432 hours of training), after Nidan registration.	18 years or over.	
Yondan	4 years of consistent training, after Sandan registration.	25 years or over.	
Godan	5 years of consistent training, after Yondan registration.	32 years or over.	
Rokudan	6 years of consistent training, after Gondan registration.	38 years or over.	
Nandan	7 years of consistent training, after Rokudan registration.	46 years or over.	
Hachidan	8 years of consistent training, after Nandan registration.	55 years or over.	
Age limitations have not been defined for Dan Grades above Hachidan.			

#### AGE LIMITATIONS FOR JUNIOR DAN GRADING

Dan Grade	Minimum Terms at each Grade Level (not total).	Age Limitations
Junior Shodan	3 years (432 hours of training), including 6 months as 1 Kyu.	10 to15 years.
Junior Nidan	2 years (288 hours of training), after Junior Shodan registration.	10 to15 years.
Adult Nidan	3 years (432 hours of training, after Junior Shodan registration.	16 years or over.
Adult Sandan	4 years (576 hours of training), after Junior Nidan registration.	18 years or over.

The above table takes into consideration the fact that a Junior will transition from Junior Status to Senior Status at the age of sixteen (16) years. Additional waiting times are applied when this occurs. Applies when a member does not hold a Senior Dan Grade Certificate for Shodan or Nidan.

There are no Junior Dan Grades above Nidan.